

Your Smile.... Our Passion!

- ✓ After today's extraction , it is important to take good care at home to allow the area to heal properly.
 - ✓ Kindly take medications as advised .
 - ✓ Hold the gauze in place for one hour.Do not CHEW on it. Keep on swallowing the saliva gently. Kindly do not spit or gargle.
 - ✓ Keep on applying ice/cold compress from outside for atleast 1 hour.
 - ✓ After removing the gauze pack ,do not suck on the extracion site or disturb it with tongue.
 - ✓ After removing the gauze you can have cup-ice cream and food. Be on soft and cold diet for 2 days after extracion. Avoid hot fluids and hard food for first 2 days. Avoid eating from the extracted side for atleast 2 days
 - ✓ Avoid gargling after eating on the day of extraction.
 - ✓ The heaviness you are now feeling is due to anaesthesia. This will go off gradually in 3-4 hrs. As the anaesthesia goes off you may feel little discomfort/pain on the extracted side. Kindly take medications on time to remain comfortable.
 - ✓ Next day you may feel little heaviness or swelling on the extracted side, which is normal.Do not apply anything from outside.
 - ✓ Avoid Smoking,Drinking alcohol or Tobacco for 1 week after extraction.
 - ✓ Kindly avoid brushing on the extraction site for first 2 days.
 - ✓ If you feel any different kind of discomfort, please don't panic. You can call us anytime or visit us if required.
- J Your teeth are a part of your body. They have an important role in Eating ,digestion in addition to improving your smile and confidence. Hence it is required that you get the tooth replaced with artificial prosthesis 4 weeks after its removal. If you need to know more about it, we are happy to help you !**

WISHING YOU A SPEEDY RECOVERY
AND
A HEALTHY SMILE!!



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Healthy Mouth =
Healthy Body