

CARE AND CURE DENTAL CLINIC

Shop no 4, Om Trimurti sty, Jijainagar, Dombivli-East-421201

Congratulations and thank you for co-operating us in completing your implant surgery successfully. In few months you will have an artificial tooth for eating!

However for proper and complete healing we will require your co-operation in taking care of the implanted site. Kindly follow the following instructions carefully.

PRECAUTIONS AFTER IMPLANT SURGERY

1. Take the prescribed medicines as directed.
2. Do not spit or gargle on the day of surgery.
3. Remove the gauze/cotton in the mouth after 2 hours of surgery. Minor bleeding may be continued. DO NOT SPIT. In case of severe bleeding contact us.
4. After sinus lift, nosebleed can come out. Don't blow your nose, just clean it lightly.
5. Surgical part can be swollen temporarily and pain, feeling of inconvenience, paraesthesia may occur but this is the process of normal healing procedure and will go away after certain time.
6. For the first 24 hrs after surgery, apply an ice pack from outside to the surgical part on and off every 5 min for first one hour. Edema may continue for 48-72 hrs and will disappear gradually.
7. From the next day of surgery maintain cleanliness of mouth using antiseptic solution given to you. Take it in mouth for one minute, gargle gently and spit out.
8. Rest of the untreated teeth can be brushed as usual from the next day of surgery using a soft toothbrush.
9. For the initial healing period (1 week) avoid smoking and drinking alcohol.
10. On the day of surgery, take cold and soft/ liquid food (milk, juices etc) but do not use straw as it may cause bleeding. For the initial one week, take mild food (soup, Porridge etc) and chewing using the other side of surgery. Do not chew hard or take hot food for atleast 2 days after surgery.
11. Take good rest on the day of surgery. Do not exert, overwork or do heavy exercise for atleast 2 days after surgery.
12. Stitches will be removed 8-10 days after surgery. Till then do not touch the surgical part with tongue or finger or suck with your tongue.
13. In case of any other problem, kindly do not panic and contact us immediately-
Dr.Tejal -2433627/ 9869368582
14. **We will be doing the prosthetic part (replacing the tooth portion) 3-4 months from today. Kindly keep a monthly recall till we finish the complete prosthetic rehabilitation of the implanted site.**

WISHING YOU A SPEEDY RECOVERY AND A HEALTHY SMILE!!

